

**Criteria for Induction and Weedout of KIAs/ NCoEs Athletes-Kayaking and Canoeing**  
**Discipline**

- i. The Talent Identification and Development Committee (TIDC) may be deputed to the below-mentioned tournaments to scout for talented athletes for Induction/weed-out in KIA or NCOE:

<b>Sr. No.</b>	<b>Competitions</b>
1	<b>National Championships</b>
2	<b>KIYG, KIUG and KIWSF</b>
3	<b>National Games</b>
4	<b>Asian championship</b>
5	<b>Asian Games</b>
6	<b>Jr U-23 Asian Championship</b>
7	<b>Jr U-23 World Championship</b>
8	<b>Senior World Championship</b>
9	<b>National Ranking Tournaments</b>
10	<b>Any other Tournaments recognized by ICF and IKCA</b>

### **Criteria for final selection of Khelo India Athletes**

Breakup of KIA vacancy would be:

<b>Category</b>	<b>Kayaking</b>	<b>Canoeing</b>	<b>Total</b>
Male	5 (3K1 + 2K2)	5 (3C1 + 2C2)	10
Female	5 (3K1 + 2K2)	5(3C1 + 2C2)	10
Total	10	10	20

Ranking of athletes for Induction/Retention will be prepared based on a combined ranking list for which the below mentioned Formula will be used:

- Weightage for Performance i.e Medal points will be 60% and for Individual assessment points will be 40% in the Final Merit score(Normalization of points will be done accordingly to 100 points based on the ratio i.e Maximum points for performance can be 60 points and for Individual assessment points the maximum cap would be 40 points)
- Final merit Score=**Medal Points(A)+Individuals Assessment Points(B)(For Stage 1 + Stage 2)**

**Medal Points(A):** Will be determined by adding points from International championship and National championship (i.e A1 + A2)

**(A1)Medal Points for International Competitions:**

Competition	Olympics	Asian Games and World Championships and Youth Olympics	CWG, World Cup & U -23 World Championship	Asian Championship & Jr & U 23 Asian Championship		SAF/ Other International events identified by Association	
				Individual Event	Team Event	Individual Event	Team Event
Rank	Individual Event & Team Event	Individual Event & Team Event	Individual Event & Team Event	Individual Event	Team Event	Individual Event	Team Event
<b>Gold</b>	1000	800	700	400	200	150	75
<b>Silver</b>	900	720	630	360	180	135	67.5
<b>Bronze</b>	800	640	560	320	160	120	60
<b>4</b>	750	600	525	300	150	112.5	56.25
<b>5</b>	700	560	490	280	140	105	52.5
<b>6</b>	650	520	455	260	130	97.5	48.75
<b>7</b>	600	480	420	240	120	90	45
<b>8</b>	550	440	385	220	110	82.5	41.25
<b>Qualification/Participation</b>	500	200	100	100		-	

**(A2) Medal Points For National Competitions (As per Table below)**

<b>Position</b>	<b>Khelo India Youth Games and Khelo India University Games and Khelo India Water Sports Festival</b>	<b>National Championships</b>	<b>National Games</b>
<b>Gold</b>	<b>60</b>	<b>85</b>	<b>100</b>
<b>Silver</b>	<b>50</b>	<b>70</b>	<b>80</b>
<b>Bronze</b>	<b>40</b>	<b>55</b>	<b>64</b>
<b>4<sup>th</sup> Place</b>	<b>30</b>	<b>40</b>	<b>50</b>
<b>5<sup>th</sup> Place</b>	<b>24</b>	<b>32</b>	<b>40</b>

**SHAPE, FUNCTION, INDEX AND SCORE**

*Relaxation of a maximum 3 cm can be given for athletes from north eastern states and tribal areas*

**PREDICT Height (Cms)**

		Points				
Age	Gender	5	6	7	8	10
12 years	Boys	150	151	152	153	155+
	Girls	150	151	152	153	155+
13 years	Boys	154	156	158	160	162+
	Girls	152	154	156	158	160+
14 years	Boys	156	158	161	164	167+
	Girls	155	157	159	162	165+
15 years	Boys	161	164	167	170	173+
	Girls	158	160	162	164	167+
16 years	Boys	164	167	170	173	176+
	Girls	160	162	164	166	168+
17 years	Boys	167	170	173	175	178+
	Girls	161	163	165	167	169+
18 years	Boys	172	174	176	178	180+
	Girls	162	164	166	168	170+

SHOULDER WIDTH (Cms)						
		Points				
Age	Gender	5	6	7	8	10
12 years	Boys	35-36	37	38	39	40+
	Girls	34-35	36	37	38	39+
13 years	Boys	36-37	38	39	40	41+
	Girls	35-36	37	38	39	40+
14 years	Boys	37-38	39	40	41	42+
	Girls	36-37	38	39	40	41+
15 years	Boys	38-39	40	41	42	43+
	Girls	37-38	39	40	41	42+
16 years	Boys	39-40	41	42	43	44+
	Girls	38-39	40	41	42	43+
17 years	Boys	40-41	42	43	44	45+
	Girls	39-40	41	42	43	44+
18 years	Boys	41-42	43	44	45	46+
	Girls	40-41	42	43	44	45+

**Arm Span**



1	<b>PUSH UP</b>	WOME N	20	25	30	35	40		25	30	35	40	45
		MEN	25	30	35	40	45		35	40	45	50	55
	<b>POINTS</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
2	<b>PULL UPS</b>	WOME N	10	15	20	22	25		12	15	18	20	22
		MEN	12	18	22	25	30		15	20	25	27	32
	<b>POINTS</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
4	<b>SIT UPS: 1 min max</b>	WOME N	20	25	30	35	40		30	35	40	45	50
		MEN	25	30	35	40	45		35	40	45	50	55
	<b>POINTS</b>		<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>10</b>		<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>10</b>
5	<b>Bench Press 1 min max</b>	WOME N (30KG)							25	30	35	40	45
		MEN (40KG)							40	45	48	50	55
	<b>POINTS</b>		<b>5</b>	<b>10</b>	<b>15</b>	<b>20</b>	<b>25</b>		<b>5</b>	<b>10</b>	<b>15</b>	<b>20</b>	<b>25</b>
6	<b>Specific TEST for Kayaking  ( in Time)</b>	WOME N	< 2:55	< 2:50	< 2:45	< 2:40	<2:3 5		<2:3 0	<2:2 5	<2:2 0	<2:1 5	<2:1 0
		MEN	< 5:20	< 5:10	< 5:00	< 4:50	< 4:40		< 4:30	< 4:20	< 4:10	< 4:00	< 3:50
	<b>POINTS</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
7	<b>Bench Pull 1 min max</b>	WOME N (30KG)							35	40	45	50	55
		MEN (40KG)							55	60	65	70	75
8	<b>Basic Moveme nt Test on boats &amp; Ergomet</b>	WOME N & MEN	<b>5</b>	<b>10</b>	<b>15</b>	<b>20</b>	<b>25</b>		<b>5</b>	<b>10</b>	<b>15</b>	<b>20</b>	<b>25</b>

	er (Coach Remarks )												
9	Flexibility	WOMEN	5+	10+	15+	20+	25+		5+	10+	15+	20+	25+
		MEN	5+	10+	15+	20+	25+		5+	10+	15+	20+	25+
10	Swimming Test (Coach Remarks )	WOMEN & MEN	1	2	3	4	5		1	2	3	4	5

CATEGORY:	Age:13-15	Age:16-18
WOMEN	52+kgs	58+kgs
MEN	60+kgs	66+kgs
# BodyWeightAccordingtoIndlHeight...		

#FinalmeritScore=Test("A"+Test"B")

### General points for Agenda: Related to streamlining process of Induction/ Weedout

#### NCOEs Admission

- KIAs should be given first preference ,also at the time of Induction KIAs will be given a period of **07 days** to submit their consent for admission in NCOEs.
- In case of non-fulfillment of vacancies by KIAs, Athletes identified by TIDC for induction in NCOEs(who are below KIAs in Final ranking list )will be given an offer of admission in NCOE. Such athletes will be given a period of **07 days** to

- finally accept/reject the offer of admission.
- In-case, still there are vacancies then concerned NCOE coaches may be asked to submit a list of local talents identified through open selection trials by NCOEs. Data for all parameters shall be placed before TIDC for final concurrence of admission.

**Assessment of Talent Pool (For KIAs and NCOE Athletes)**

- a. The talent inducted into the KIA and NCOEs shall be assessed twice a year and participation in the camps is mandatory.
- b. A warning letter will be sent to the athletes who don't meet the benchmark after the first assessment camp so that they can improve their performance in the second assessment camp

These protocols are proposed to be implemented initially for a period of six (06) months. During this period, their effectiveness and practicality will be closely monitored and evaluated. Based on the observations, the protocols may be reviewed and revised accordingly to ensure improved efficiency and alignment with the objectives of Khelo India Scheme.